



FITNESS CRAWLS

Kid Fitcrawl: Karate, Hip-Hop

<u>Adult Fitcrawl:</u> Yoga, Zumba, Title Boxing Club, Rev'd Resist Class, High intensity Interval Training

To sign up, please register on Eventbrite at: https://www.eventbrite.com/e/29241 1890837





Presented by: Burlington Board of Health & Burlington Parks and Recreation Department

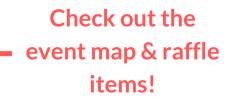
Saturday, May 21st 10:00AM - 1:00PM Burlington Town Common, 3 Bedford Street

(rain date: Sunday, May 22nd)

FREE SERVICES

Admission & Raffles, Health Education Information, Handouts & Sample Items, Posture & Balance Screenings, Stretching Exercises, Eye Examinations, Massage Therapy, Fire Dept. Safe Trailer





SPONSORED BY

Lahey Hospital and Medical Center